

# Spanapark Sentinel

*The Spanapark Lions Club Monthly Newsletter*

## Our Mission

### We Serve

Spanapark Lions Club members are dedicated volunteers who serve the surrounding community. We participate in a wide variety of programs designed to make this a better place to live and raise our families.



**Lions Clubs International**

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## Happy Mother's Day!

Ann Fowler - Club President

If your email is anything like mine, it has been filled with ads for Mother's Day gifts that you should buy, send and splurge for Mother's Day. Ads that try to tell you what Mom would "want" and ways that you can "show" mom that you love her. While all moms can certainly appreciate a nice gift on a special day, our moms deserve more than that. Let us not forget the reason that Mother's Day exists. Let us not treat Mother's Day as the commercialized retail holiday it has become. Mother's Day is about expressing love and gratitude to our mothers, acknowledging the sacrifices women make for their children, and remembering our mothers who may no longer be with us. So, I wish a very happy Mother's Day to all the moms and moms-to-be.

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# A Letter from the President

Ann Fowler - Club President

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2021-2022 Club officer nominations are complete and I want to thank each and every one of our officers and club members for their contribution to our club. We are all volunteers in this endeavor and as volunteers we all share our time and talents without any compensation.

As Lions, our volunteerism doesn't only affect the immediate people around us, but the whole world. Our efforts reach far beyond geography. By contributing to our club, we elicit change within ourselves, with those around us, and within those we serve. Being a Lion isn't about volunteering time, it's about heart.

We are fortunate to have such an amazing group of members and we are actively bringing in new members who are able to bring different experiences and ideas into our group. This month we will induct two new members Jace and Ehli and I am excited to see what ideas they have and thankful for their contributions.

It's hard to believe that it is already May. Don't lose track of the upcoming golf scramble in August. We still have teams available, but they will start to fill fast now that the weather is improving!



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*"Mother is the heartbeat in the home; and without her, there seems to be no heart throb."*

LEROY BROWNLOW

## Special Events

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# GOLF SCRAMBLE

AUG  
**29**  
2021

TEE-TIME

**10:00 AM**

Registration open until filled. 32  
Teams Available.

**\$75**  
PER PERSON

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**SPANAWAY LAKE  
GOLF COURSE**

15602 Pacific Ave S, Tacoma, WA 98444

**RSVP BY AUG 10TH**

liondonbecker@msn.com | 253-473-1855  
PO Box 401 | Spanaway, WA 98387

**Silent Auction  
Door Prizes**



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# Announcements

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## *2021-2022 Club Officers*

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### **ANN FOWLER**

President

### **CHRIS FOWLER**

Vice President

### **KEITH FOLEY**

Treasurer

### **LINDA YOUNGQUIST**

Secretary

### **JOHN THURBER**

1-Year Director

### **ROSE BECKER**

1-Year Director

### **JIM WAGNER**

2-Year Director

### **DEB BURKS**

2-Year Director

### **BRITNEE BACKMAN**

Tail Twister

### **ROSE BECKER**

Jokster

### **JOHN THURBER**

Lion Tamer

### **JIM WAGNER**

Service Chair



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# News from our District and Beyond

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## *Club Officer ZOOM Training*

MD-19C

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Lions Club Officer Learning

All Lions and Leos are Welcome to attend.

**MAY 22ND - 9AM - 12:30PM**

Register by May 18, 2021

Email [t.smarsh@att.net](mailto:t.smarsh@att.net)



## *103rd Annual International Convention*

MD-19C

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# NOW VIRTUAL

**JUNE 25TH - 29TH**

Early Bird Registration through March 31st: \$50.00

Full Price Registration: \$75.00

<https://lccicon.lionsclubs.org/>

# Coming Up Next

## *This Month's Meetings*

**04**

**MAY**

General Membership Meeting

## *This Month's Birthdays*

*Happy*

**BIRTHDAY**

**08**

Sahara Chea

**08**

Linda Youngquist

**22**

Chris Anthony

# Recipe of the Month

*Recipe courtesy of Delish*

<https://www.delish.com/cooking/recipe-ideas/a32391086/meatball-lasagna-recipe/>

## MEATBALL LASAGNA

### INGREDIENTS

- 1 lb. ground beef
- 1 lb. ground pork sausage
- 1 lb. ground veal
- 4 tsp. Italian seasoning, divided
- 2 large eggs
- 3/4 c. breadcrumbs
- Kosher salt
- Freshly ground black pepper
- 2 tbsp. extra-virgin olive oil
- 2 1/2 c. ricotta cheese
- 1 (24-oz.) jar marinara
- 3 tbsp. unsalted butter
- 12 oz. dry lasagna noodles
- 1 1/2 lb. shredded mozzarella
- 1/4 c. grated Parmesan

### INSTRUCTIONS

1. In large bowl, combine ground beef, pork sausage, and veal. Season with 2 teaspoons Italian seasoning. Add eggs and breadcrumbs and season with salt and pepper, then mix until incorporated. Form into 1 1/2-inch balls.
2. Heat oil in a skillet over medium-high and fry the meatballs, working in 2 batches, until lightly browned all over, about 4 minutes per side. Set aside and let cool.
3. Transfer cooled meatballs to a new bowl and mash them up with a fork. Add ricotta to the bowl and mix to combine.
4. In the same skillet over medium heat, add marinara and butter. Season with salt, pepper, and remaining Italian seasoning, and heat until warmed through.
5. In a large baking pan, add a layer of sauce, followed by the ricotta mixture, followed by a layer of mozzarella. Add a layer of lasagna noodles. Repeat layers two more times. Top with a generous layer of mozzarella and parmesan.
6. Cover with foil and Bake at 350° for 50 minutes, then remove foil and bake 10 minutes more. Let cool 15 minutes before serving.





## Contact Us

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### WEB

spanaparklions.com



## Join a Meeting

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**1ST & 3RD  
TUESDAYS**

AMERICAN LEGION HALL POST #2

1204 PARK AVE SOUTH,  
TACOMA, WA 98444

*Guests are always  
welcome!*



# Notes from the Editor

## *Editorial Policy*

Members of Spanapark Lions Club are encouraged to submit articles, poems, jokes and pictures which they believe will be beneficial to our community. While the effort is made to not publish anything which might be offensive to anyone, we seek to make access available to everyone. Spanapark Sentinel is published by and for the members of Spanapark Lions Club.

Submission Deadline is the 20th of the Month. Early Submission is always appreciated.



## *Meet the Editor*



### **Ann Fowler, PE**

Hello all! I am the current President, Editor, and Lions Member Galore. A "Jill of All Trades" if you will. In addition to my volunteer work for the Spanapark Lions Club, I also work as a Civil Engineer and just recently received my PE License. Your time is just as valuable as mine and I appreciate the time you all take to read up on the happenings of our Club and submitting whatever news you all wish to share!

*Ann Fowler*